

## **OCEAN COUNTY LIBRARY**

Connecting People ... Building Community...Transforming Lives

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## **PRESS RELEASE**

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## **Learn About Medicare at the Ocean County Library**

**TOMS RIVER** – The Ocean County Library will host "Medicare 101: Aging In" at several branches throughout October.

"Medicare 101: Aging In" will provide an overview of Medicare and the aging process, including what Medicare is, who qualifies, how Medicare works with other insurance, Medicare parts A through D and supplemental policies, and how to decide which plan is best for you.

Attendees will learn the steps to prepare for the day they are eligible for Medicare.

This program will be presented by Horizon Blue Cross/Blue Shield.

"Medicare 101: Aging In" will take place at the following dates and locations: Point Pleasant Borough Branch, 11 a.m. Tuesday, Oct. 9, 834 Beaver Dam Road, 732-295-1555

Berkeley Branch, 2 p.m. Tuesday, Oct. 9, 30 Station Road, 732-269-2144 Brick Branch, 10 a.m. Wednesday, Oct. 10, 301 Chambers Bridge Road, 732-477-4513 Tuckerton Branch, 10:30 a.m. Thursday, Oct. 25, 380 Bay Avenue, 609-296-1470 Long Beach Island Branch, 2 p.m. Thursday, Oct. 25, 217 South Central Ave, 609-494-2480

The Point Pleasant Borough, Tuckerton, and Long Beach Island sessions will be followed by free screenings by a registered that will include health and wellness information, blood pressure, cholesterol, and glucose screenings.

Registration is required for these free events. To register, call the branch or visit theoceancountylibrary.org/events.