



OCEAN COUNTY LIBRARY

Connecting People ... Building Community...Transforming Lives

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PRESS RELEASE

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Yoga and Smoothies Program Coming to Toms River Library

TOMS RIVER – The Toms River Branch of the Ocean County Library will host “Yoga & Smoothies” at 6:30 p.m. Mondays, Sep. 9, 16, 23, and 30.

Librarian and certified yoga instructor Nancy Voitko will present a series of yoga classes. Sessions are each one hour long and will be followed by smoothie tastings. A yoga mat or towel is required.

This program is sponsored by the Friends of the Ocean County Library – Toms River.

The branch is located at 101 Washington Street.

Registration is required for this free program. To register, call the branch at 732-349-6200 or visit theoceancountylibrary.org/events.