



# OCEAN COUNTY LIBRARY

Connecting People ... Building Community...Transforming Lives

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Susan Quinn, Director

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## PRESS RELEASE

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### **Suicide Prevention Training Program Coming to Berkeley Library**

**BERKELEY** – The Berkeley Branch of the Ocean County Library will host “Suicide Prevention: QPR Training” at 2 p.m. Wednesday, Sep. 25.

QPR stands for question, persuade, and refer – the three simple steps anyone can learn to help save a life from suicide. People trained in QPR learn how to recognize the warning signs of a suicide crisis and how to question, persuade, and refer someone to help.

This program is presented by the Division of Mental Health and Addiction Services of the NJ Department of Human Resources and sponsored by the Ocean County Library Cultural Awareness Team and the Ocean County Library Training Department.

The branch is located at 30 Station Road.

Registration is required for this free program. To register, call the branch at 732-269-2144 or visit [theoceancountylibrary.org/events](http://theoceancountylibrary.org/events).