



# OCEAN COUNTY LIBRARY

Connecting People ... Building Community...Transforming Lives

101 Washington St., Toms River, NJ 08753-7625

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[www.theoceancountylibrary.org](http://www.theoceancountylibrary.org)

Susan Quinn, Director

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## PRESS RELEASE

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### Ocean County Library Autism Resources Fair 2023: Crafting for Teens and Adults



**TOMS RIVER** – The Ocean County Library's 2023 Autism Resources Fair will offer information, education, entertainment, and a special crafting session for teens and adults. The Fair will take place in the Toms River Branch, 10 AM to 3 PM Saturday, April 15.

Drop in to the Makerspace on the second floor between 12 and 2 PM to make a calming Sensory Shaker Bottle. The program is open to individuals aged 13 and older, with caregivers. Crafting materials will be available while supplies last.

Participants will fill a 16-ounce bottle with water, oil, glitter, colorful sand, food coloring, pom-poms, and small items pre-printed by the Luzbot® 3-D printer in Sparks's Lab. Library staffers will seal the containers. Watching items rise, float and fall in the shaken bottle can promote re-focusing, reduce heightened emotions, and restore calm breathing.

Registration is not required to attend the Autism Resources Fair. Registration at [www.theoceancountylibrary.org/autism](http://www.theoceancountylibrary.org/autism) is required for certain programs.

The Autism Resources Fair is sponsored by the Ocean County Library Foundation. For more information, visit OCL's [Autism Resources Fair website](#), stop into the Toms River Branch, 101 Washington Street, or call (732) 349-6200.

Keep up with Library programs and events at [www.theoceancountylibrary.org](http://www.theoceancountylibrary.org), and on [Facebook](#), [Instagram](#), [Twitter](#), [YouTube](#), [Spotify](#), and [Pinterest](#).

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**Sensory Shaker Bottle**  
**Photo by Meredith Silvestri,**  
**Ocean County Library Sensory Space Assistant**

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