



OCEAN COUNTY LIBRARY

Connecting People ... Building Community...Transforming Lives

101 Washington St., Toms River, NJ 08753-7625

Telephone: 732-349-6200

www.theoceancountylibrary.org

Susan Quinn, Director

December 18, 2023

PRESS RELEASE

CONTACT: Tom Mongelli, 732-349-6200, ext. 5900

tmongelli@theoceancountylibrary.org

Learn about Alzheimer's Enrichment Program at Ocean County Library Manchester Branch



MANCHESTER – People living with Alzheimer's and other dementias, their caregivers and families are invited to hear details of an innovative quality-of-life enhancement program. An information session for "Movement Music & Memories" will be offered at the Ocean County Library Manchester Branch, 2 to 3 PM Friday, January 5.

Beginning January 18, the program will take place at 11 AM on the third Thursday of each month at the OCL Manchester Branch.

"Movement Music & Memories" is a unique program of multi-sensory stimulation centered on movement to music, offering enjoyment, improvement of physical cognitive fitness and new opportunities for success and connection to sense of self.

Francine Pannella, LPN, CDP, ASFA-CPT, will lead the information session and the monthly program. To pre-register, reach Francine at 732-801-8191 or fran@dementialivingsolutions.com.

Keep up with Library programs and events at www.theoceancountylibrary.org, and on [Facebook](#), [Instagram](#), [Twitter](#), [YouTube](#), [Spotify](#), and [Pinterest](#).

###